RANFORD PRIMARY CANTEEN MENU

Open Wednesday, Thursday and Friday
8.15am – 12.30pm

Our menu meets with the government requirements for school canteens.*

Please make sure you write your full name and classroom number on the lunch bag. Please try to use correct change or small notes (no $50 notes please)

Brown Lunch bags are available at the canteen and cost 5c per bag. For your convenience, you can purchase a pack of 20 white lunch bags to complete at home for $1.

Our canteen follows the food safe program which is nationally recognised. We DO NOT use any nut products. However, please note that some items come with a warning that some nuts or seeds may be present. Most stock is ordered in pre-cooked and pre-packaged.

ENSURE ALL STUDENT ALLERGIES ARE LISTED ON THE LUNCH ORDER

Volunteers
Volunteers are always needed and very welcome. If you would like to help, please either ask at the canteen to put your name on the roster, or phone the contact details listed.

ALL PROFITS FROM THE CANTEEN SUPPORT OUR P&C

Canteen Traffic Light System

Green 😊 These foods are encouraged (our school has aimed to fill our menu with these healthy food and drink options)

Amber 😐 Foods should be selected carefully and eaten in moderation

Red 😞 Foods are off the menu and will not be available at our school

Contact Details
Canteen Manager: Julie McCorkell 0400 256 387
School Office: 9456 5255

** Our menu meets with the government requirements for school canteens**
### LUNCH SPECIALS

**Wednesday**
- 🌟 Hotdog plus salad cup (cheese, lettuce, tomato & carrot)
- $5.00

**Thursday**
- 😞 Good eating cruiser lite pie
- $3.50
- 😞 Good eating party pie (maximum 3)
- $1.00 ea
- 😞 Good eating sausage roll
- $3.00
- 😞 Good eating potato pie
- $3.50

**Friday**
- 🌟 Dino Wrap with salad (3 chicken dinosaurs, lettuce, tomato & carrot)
- $5.00
- 😞 Icy Poles (maximum 1 per child)
- $1.00

### LUNCH Hot Items: available everyday

- 🌟 Spaghetti Bolognaise twirls
  - $5.00
- 🌟 Vegetarian Fried rice (GF,V)
  - $5.00
- 🌟 Sweet and sour chicken and rice
  - $5.00
- 🌟 Lasagne
  - $5.00
- 🌟 Chicken Lasagne
  - $5.00
- 🌟 Macaroni cheese (V)
  - $5.00
- 🌟 Fried rice (GF)
  - $5.00
- 🌟 Teriyaki chicken & rice
  - $5.00
- 🌟 Teriyaki chicken & noodles
  - $5.00
- 🌟 Hot chicken roll – with mayo (whole)
  - $4.50
- 🌟 Hot chicken roll – with mayo (half)
  - $2.50
- 🌟 Hot hambo roll – ham & cheese (whole)
  - $4.50
- 🌟 Toasted focaccia – ham, cheese & tomato
  - $5.00
- 🌟 Toasted focaccia – chicken, cheese & avocado
  - $5.00
- 🌟 Pizza – bacon & cheese
  - $3.50
- 🌟 Pizza – Hawaiian
  - $3.50
- 🌟 Pizza – Vegetarian (V)
  - $3.50

### LUNCH Sandwiches, rolls & wraps
(wholemeal or white, with light margarine)

- 🌟 Chicken
  - $3.50
- 🌟 Ham
  - $3.50
- 🌟 Tuna
  - $3.50
- 🌟 Egg
  - $3.50
- 🌟 Curried Egg
  - $3.50
- Extras: add salad to any of above - 😞 becomes 😄
  - $1.00

- 🌟 Salad (Lettuce, carrot, tomato, cucumber)
  - $3.50
- 🌟 Cheese
  - $3.00
- 🌟 Vegemite
  - $2.00
- 🌟 Spaghetti or Baked Beans (untoasted)
  - $2.50

### Extras:
- 🌟 Toasting
- 🌟 Large Wrap Or Long white roll
- 🌟 Ham, Tuna, chicken, avocado or Egg
- 🌟 Cheese, Tomato, Beetroot or Pineapple
- 🌟 Tomato Sauce or Mayo

### Salad Box
- 🌟 Lettuce, carrot, tomato, cucumber, one slice of buttered bread
  - $4.00

### Extras: chicken, ham egg or tuna
  - $1.00

**RECESS**

- 🌟 Cheesie – half
  - 0.80c
- 🌟 Cheesie – whole
  - $1.50
- 🌟 Ham cheesie – half
  - $1.00
- 🌟 Ham cheesie – whole
  - $2.00

**RECESS – Thurs only**

- 🌟 Dinosnacks (maximum 5 per child)
  - 0.50c ea

**RECESS OR LUNCH**

- 🌟 Choc milk – 300ml
  - $2.00
- 🌟 Strawberry milk – 300ml
  - $2.00
- 🌟 Banana milk – 300ml
  - $2.00
- 🌟 Plain milk – 300ml
  - $2.00
- 🌟 Up & Go (Choc, Vanilla or Strawberry)
  - $2.00
- 🌟 Orange juice – 250ml
  - $2.00
- 🌟 Apple juice – 250ml
  - $2.00
- 🌟 Apple/Blackcurrant juice – 250ml
  - $2.00
- 🌟 Tropical juice – 250ml
  - $2.00
- 🌟 Water (plain bottle)
  - $2.00
- 🌟 Flavoured yoghurt tub
  - $2.00
- 🌟 Choc Yogo
  - $2.00

**Please remember, bags cost 5c**

V = vegetarian
GF = Gluten Free